

# 5 Ways To Boost Your Confidence





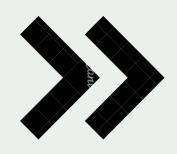






## Work On Your Posture. When You Stand Tall With Your Chin High, You Will Feel More Confident







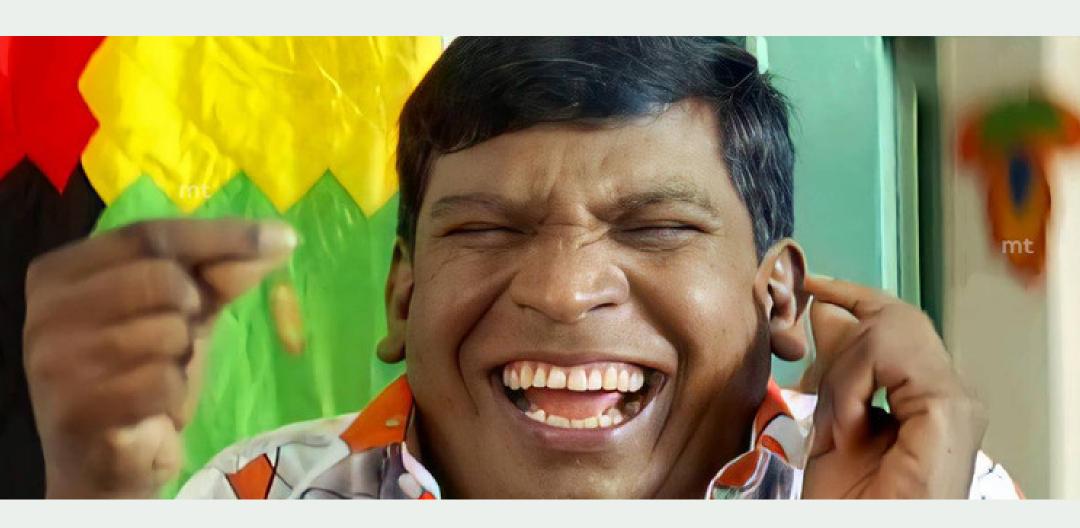


Talk Slowly. People Who Feel They
Aren't Worthy Of Being Listened To
Tend To Talk Quickly. So, Ensure That
You Aren't Rushing



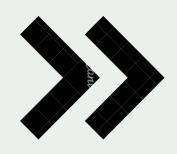






Accomplish Small Goals. Try Making Your Bed In The Morning. That Will Pave The Way For Achieving Bigger Goals.









### Dress Nicely. You Will Feel More Confident When You Dress Nicely.



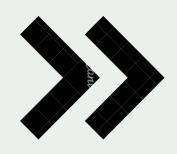






#### Empower Yourself With Knowledge. Empowering Yourself, In General, Is One Of The Best Strategies For Building Confidence.





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